Two researchers in motivation ,Z. Dornyei and K. Csizér,have suggested there are ten key areas in which the teacher can influence learners’ motivation, and have provided a list of strategies for motivating learners in these areas.

***A / Read the strategies and tick the ones which are most important for you.***

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| **Key areas** | **Strategies** |
| **The teacher** | 1. Show a good example by being committed and motivated 2. Try to behave naturally 3. Be as sensitive and accepting as you can |
| **The classroom atmosphere** | 1. Create a pleasant ,calm,secure and ordered atmosphere in the classroom 2. Bring in humour and laughter ,and smile |
| **The task** | 1. Give clear instructions 2. Point out the purpose and usefulness of every **task** |
| **Rapport** | 1. Treat each learner as an individual |
| **Self-confidence** | 1. Give positive feedback and praise 2. Make sure your students experience success 3. Accept mistakes – they are natural part of learning |
| **Interest** | 1. Select interesting tasks 2. Offer a variety of materials and activities 3. Make tasks challenging to involve your students 4. Use learners’interests rather than tests or grades ,to encourage learning |
| **Autonomy** | 1. Encourage creative and imaginative ideas 2. Encourage questions and other contributions from students 3. Share as much responsibility for organizing the learning process with your students as possible. |
| **Personal relevance** | 1. Try and **personalize** tasks to make them **relevant** |
| **Goal /Target**  **(**aim for learners or teachers) | 1. Set up several specific learning goals for the learners 2. Encourage learners to set goals and work towards them 3. Do a needs analysis of the learners’goals and needs |
| **Culture** | 1. Make the learners familiar with the cultural background of the language they are learning 2. Invite native speakers to some classes 3. Find penfriends to your learners. |